

RUTHERFORD COUNTY SENIOR CENTER CALENDAR OF EVENTS – MARCH 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>SENIOR CENTER HOURS: Mon: 7:30 a.m. – 5:00 p.m. Tues – Fri: 8:30 a.m. – 5:00 p.m. If you have questions about the Center or would like to make an appointment with a certified SHIP counselor call 287-6409</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 1 9-11 Silver Threads & Needles 9:30 -11 Computer Assistance With Sandra Boyd 10:00 Yoga 10:30 ADULT COLORING WITH MARIA DAVIS 1:00 Table Tennis</p>	<p>8:30 Wednesday Walk 2 9:00 Aerobics (new time) 9-11 Silver Threads & Needles 10:00 Line Dancing 10:30 SKILLED MEDICARE/MEDICAID - APRIL HICKS, WILLOW RIDGE 12:30 Oil Art Group</p>	<p>9-11 Silver Threads & Needles 3 10:30 "MY HEALTHPOINT" – TOMMY FINLEY, RUTHERFORD REGIONAL MEDICAL SYSTEM 12:00 – 4:00 Bridge 12:30 Just Dance</p>	<p>9:00 Aerobics (new time) 4 9:00 SilverStriders 9-11 Silver Threads & Needles 9-11 ASSISTANCE COMPLETING YOUR SENIOR GAMES PACKET (BARBARA & CRYSTAL) 10:00 Fellowship & Singing 1:00 Table Tennis</p>	
<p>SENIOR GAME REGISTRATION: MARCH 1 – 15 →→→</p>					
<p>9:00 Aerobics (new time) 7 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 11:00 "LET'S TALK ABOUT THE SENIOR GAMES" 6:00 ZUMBA</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 8 9-11 Silver Threads & Needles 9:30 -11 Computer Assistance With Sandra Boyd 10:00 Yoga 10:30 USE IT OR LOSE IT 1:00 Table Tennis</p>	<p>8:30 Wednesday Walk 9 9:00 Aerobics (new time) 9-11 Silver Threads & Needles 10:00 Line Dancing 10:00 "KEEPING FAMILY TREASURES ALIVE" – JANE ARMSTRONG 11:15 CHAIR EXERCISE 12:30 Oil Art Group</p>	<p>9-11 Silver Threads & Needles 10 8:45 TRIP TO HAMRICKS, OUTLET MALL, AND LUNCH AT OLIVE GARDEN 10:30 PEN PALS 12:00 – 4:00 Bridge 12:30 Just Dance</p>	<p>9:00 Aerobics (new time) 11 9:00 SilverStriders 9-11 Silver Threads & Needles 9-11 ASSISTANCE COMPLETING YOUR SENIOR GAMES PACKET (BARBARA & CRYSTAL) 10:00 Fellowship & Singing 1:00 Table Tennis</p>	
<p>9:00 Aerobics (new time) 14 9:00 SilverStriders 9-11 BLOOD PRESSURE CHECK 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 9:30 WALKING CLUB FIELD TRIP 6:00 ZUMBA</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 15 9-11 Silver Threads & Needles 9:30 -11 Computer Assistance With Sandra Boyd 10:00 Yoga 10:30 QUILT PRESENTATION BY: CONNIE WELLS 1:00 Table Tennis</p>	<p>8:30 Wednesday Walk 16 9:00 Aerobics (new time) 9-11 Silver Threads & Needles 9:30 TEA PARTY 10:00 Line Dancing 10:30 "SAFETY FOR SENIORS" BY: KIM ROBERSON, PNC BANK 12:30 Oil Art Group 1:00 EASTER B-I-N-G-O</p>	<p>9-11 Silver Threads & Needles 17 10:30 "GO GREEN" BY: FRANK CHYZ 12:00 – 4:00 Bridge 12:30 Just Dance 5:15 MEET & EAT – EL LIMON</p>	<p>9:00 Aerobics (new time) 18 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 11:15 CHAIR EXERCISE 1:00 Table Tennis</p>	
<p>REMINDER: DAYLIGHT SAVINGS TIME BEGINS SUNDAY, MAR. 13</p>		<p>ST. PATRICK'S DAY WEAR GREEN</p>			<p>BRING IN YOUR SILVERARTS 9:00 – 12:00 & 1:00 – 3:00</p>
<p>9:00 Aerobics (new time) 21 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 10:30 RECIPE CLUB 6:00 ZUMBA</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 22 9-11 Silver Threads & Needles 9:30 -11 Computer Assistance With Sandra Boyd 10:00 Yoga 10:30 "TRIVIA FUN" WITH MARIA DAVIS 1:00 Table Tennis</p>	<p>8:30 Wednesday Walk 23 9:00 Aerobics (new time) 9-11 Silver Threads & Needles 10:00 Line Dancing 10:30 CRAFTING W/CRYSTAL: MAKING A BUNNY & CHICK 12:30 Oil Art Group</p>	<p>9-11 Silver Threads & Needles 24 9:30 SILVERARTS RECEPTION 10:45 SILVERARTS AWARDS 12:00 – 4:00 Bridge 12:30 Just Dance 1:00 – 3:00 PICK UP SILVERARTS ARTS ENTRIES</p>	<p>25</p> <p style="font-size: 1.5em; font-weight: bold;">CLOSED IN OBSERVANCE OF GOOD FRIDAY</p>	
<p>SILVERARTS ON DISPLAY: MARCH 22 – NOON ON MARCH 24</p>					
<p>9:00 Aerobics (new time) 28 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 6:00 ZUMBA</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 29 9-11 Silver Threads & Needles 10:00 Yoga 10:00 FOOTBALL THROW PRACTICE 11:15 CHAIR EXERCISE 1:00 Table Tennis</p>	<p>8:30 Wednesday Walk 30 9:00 Aerobics (new time) 9-11 Silver Threads & Needles 9:30-11 SHUFFLEBOARD PRACTICE 10:00 Line Dancing 12:30 Oil Art Group</p>	<p>9-11 Silver Threads & Needles 31 9:30-11 CORN HOLE PRACTICE 12:00 – 4:00 Bridge 12:30 Just Dance 11:30 BIRTHDAY RECOGNITION 1:00 PERFORMING ARTS TECHNICAL WORKSHOP (REQUIRED FOR THOSE IN THE FOLLIES)</p>	<p>UPCOMING SENIOR GAMES EVENTS: PERFORMING ARTS: APRIL 1 ALL SPORTING EVENTS: APRIL 8 – 25</p>	
<p>MARCH 20: SPRING BEGINS</p>		<p>MARCH 27: EASTER SUNDAY</p>			

DAILY DROP-IN EVENTS: Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Exercise Equipment, TV & Conversation, Puzzles **ALSO AVAILABLE:** Computer Lab, Library, Daily Local Newspaper, Magazines, Coupon Room, Medical Equipment, Paper Shredder, Notary Public, Wi-Fi, Scheduled Transit Stop.

(FREE) AARP TAX PREPARATION IS AVAILABLE (BY APPOINTMENT ONLY) EACH THURSDAY & FRIDAY THROUGH APRIL 15